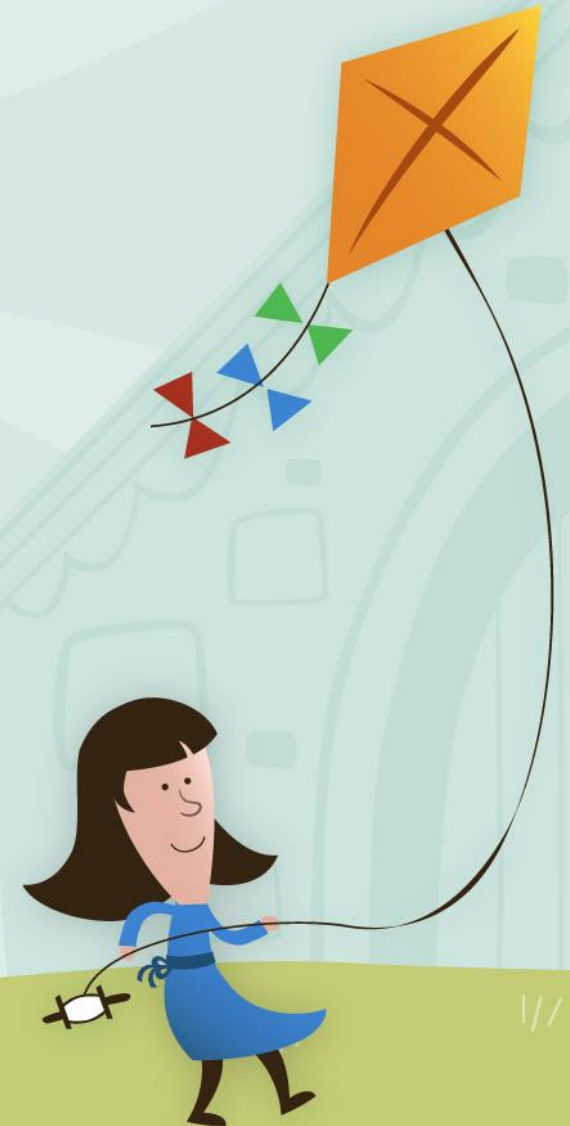


# Parent's Guide to Talking Points

Year 6











# What is Talking Points?

- Talking Points is a scheme of work that covers the DfE Guidance for their new Physical Health, Mental Wellbeing and Relationships Education for Primary Schools. This is a compulsory guidance document for schools.
- Talking Points uses children's picture books to start age appropriate discussions with children about the topics needed to be covered.
- Children are encouraged to take part in discussions and activities which include other groups of pupils, grown ups at home and parts of the community.
- Talking Points also aims to encourage a love of reading and to increase vocabulary understanding.
- It has been written by a currently serving Headteacher with a psychology background.



# Year 6 Talking Points

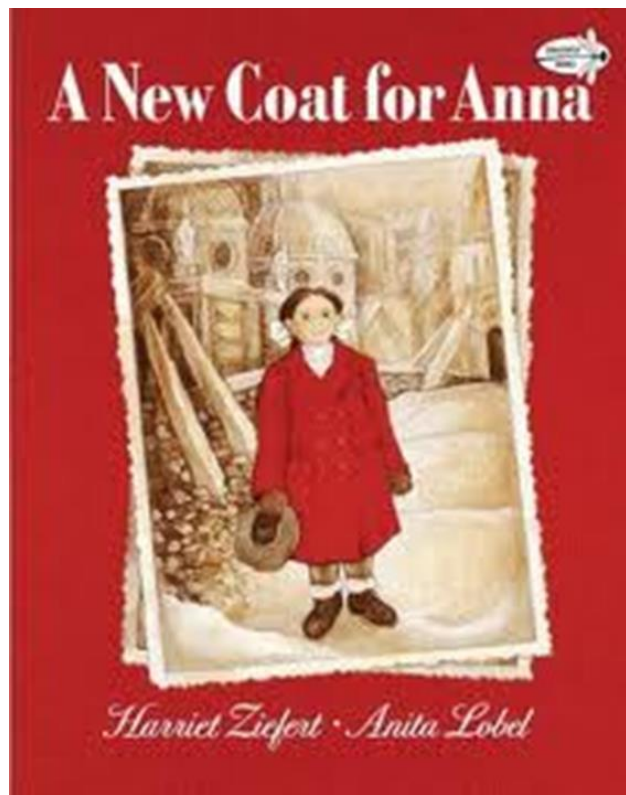
How do	Talking Point	Strand	Page
1	How should I manage my money?	Looking after me	
2	How do drugs damage my health?	Looking after me	
3	What affects my mental health?	Looking after me	
4	Will sad things happen to me?	Understanding me	
5	How do I break a habit?	Looking after me	
6	Should I give in to peer pressure?	Understanding others	
7	Should I send/post something I'm not comfortable with?	Looking after me	
8	What if I get dared?	Looking after me	
9	If it happens all the time, does it mean its right?	Understanding groups	



# Year 6 Talking Points

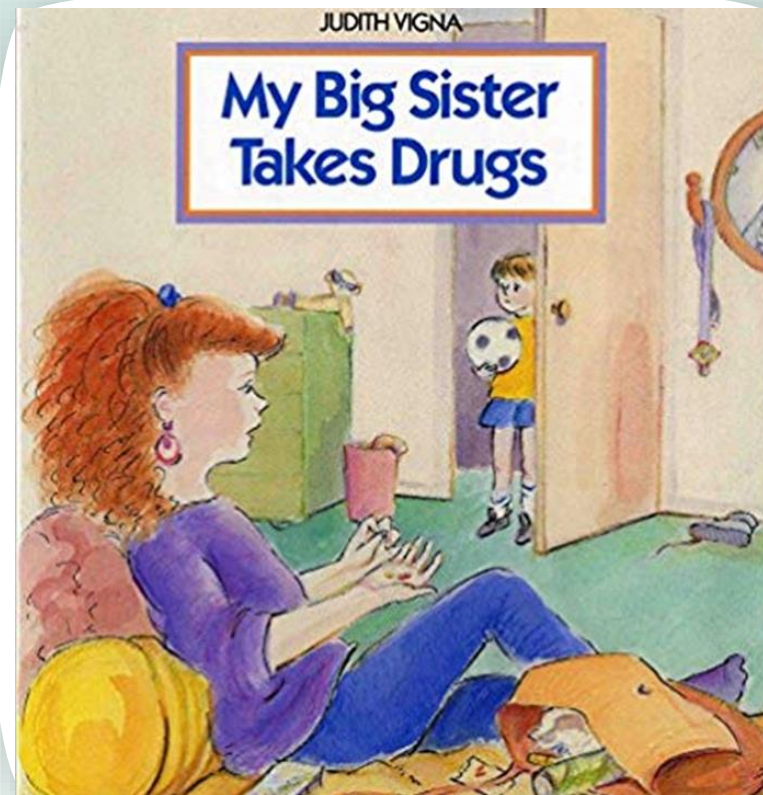
	Talking Point	Strand	Page
10	What is puberty?	Understanding me	➡
11	How do humans reproduce?	Understanding me	➡
12	How do we look after ourselves?	Looking after me	➡
13	Are images in the media real?	Looking after me	➡
14	Should I trust the media?	Looking after me	➡
15	Should I join in an argument?	Looking after me	➡
16	Am I a cyber bully?	Understanding others	➡
17	Have I trolled someone?	Understanding others	➡
18	What sort of person shall I be?	Understanding me	➡





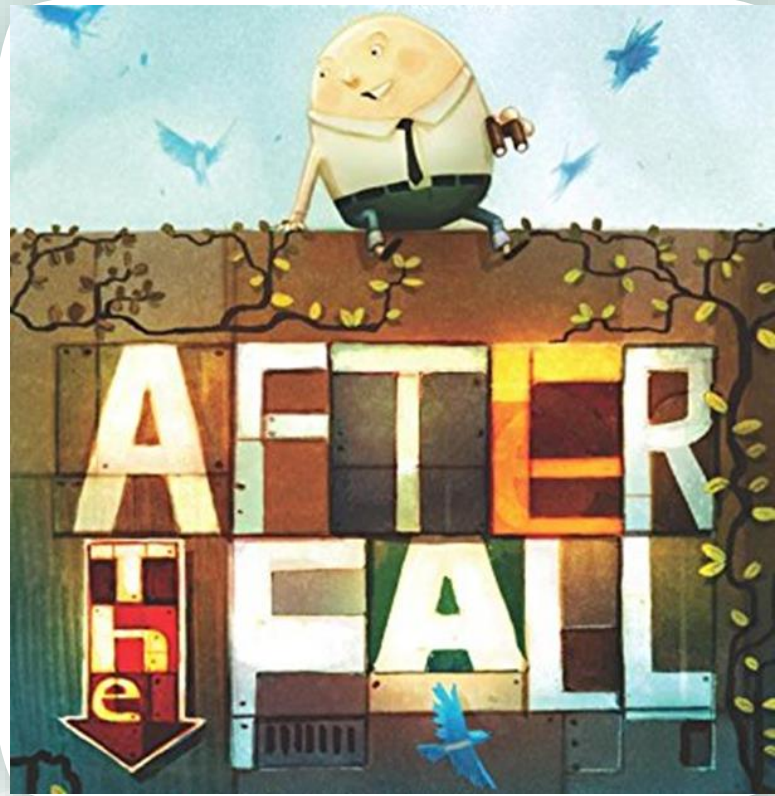
A look at budgeting and how to manage money

The books



Looking at the effects of drugs on our bodies and who taking drugs affects in our lives





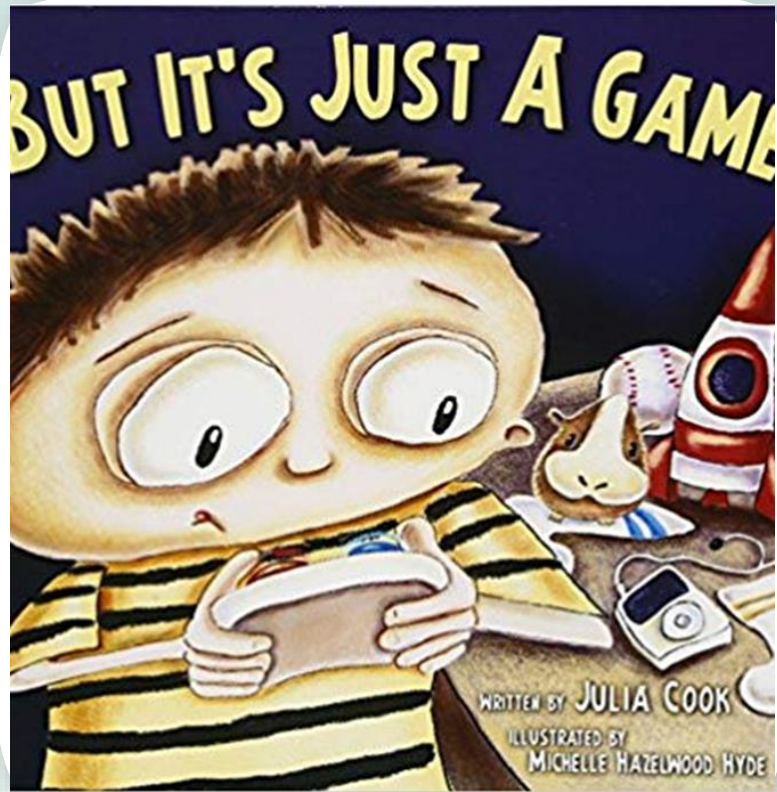
Discussions around mental health and what to do if you are worried about your own mental health

The books



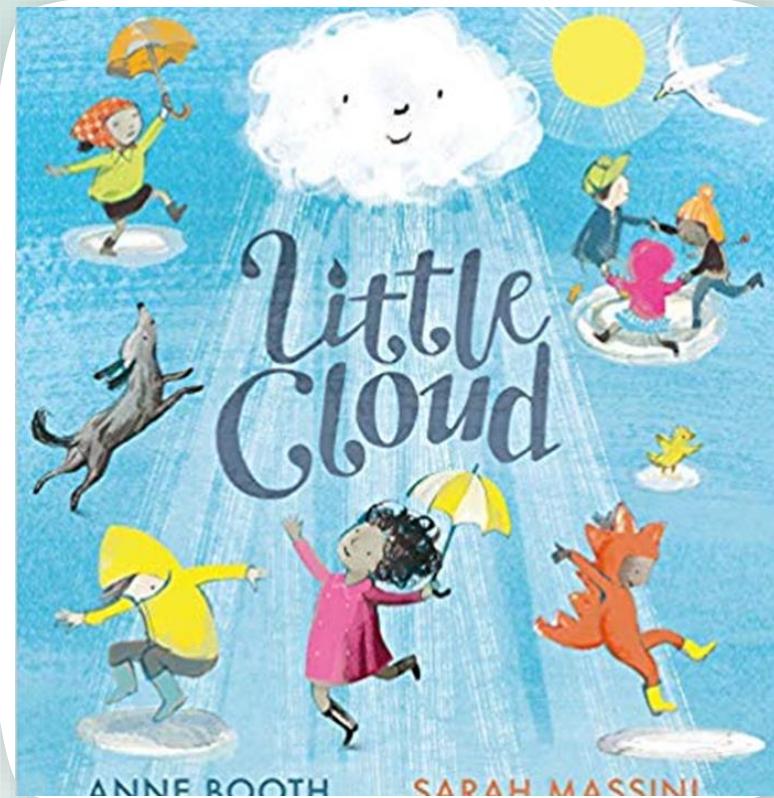
Work around grief and sadness in life, how to deal with this and the impact of worrying





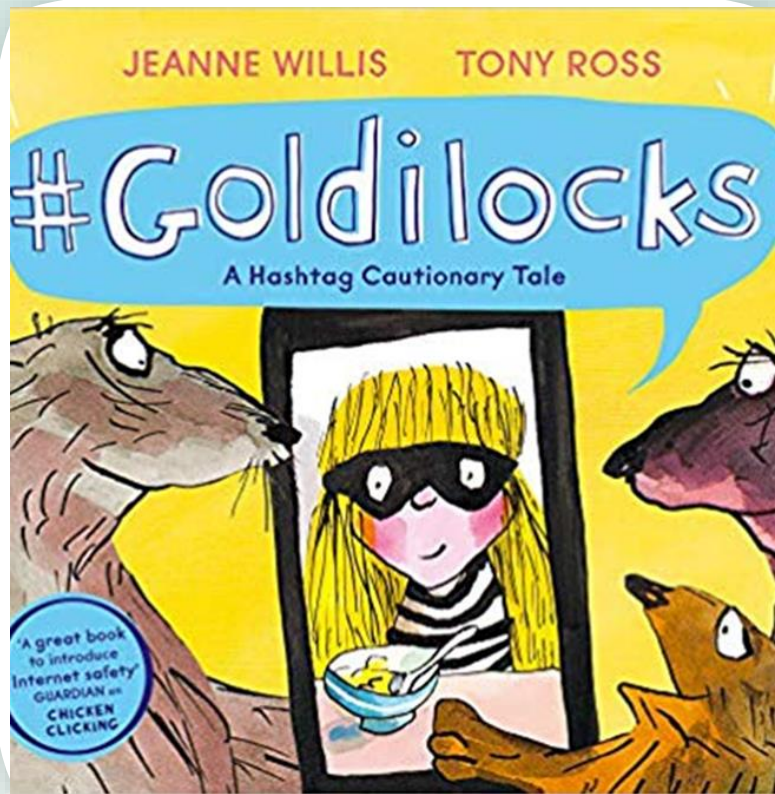
A piece of work around habits and breaking habits with a particular focus on computers and being online

The books



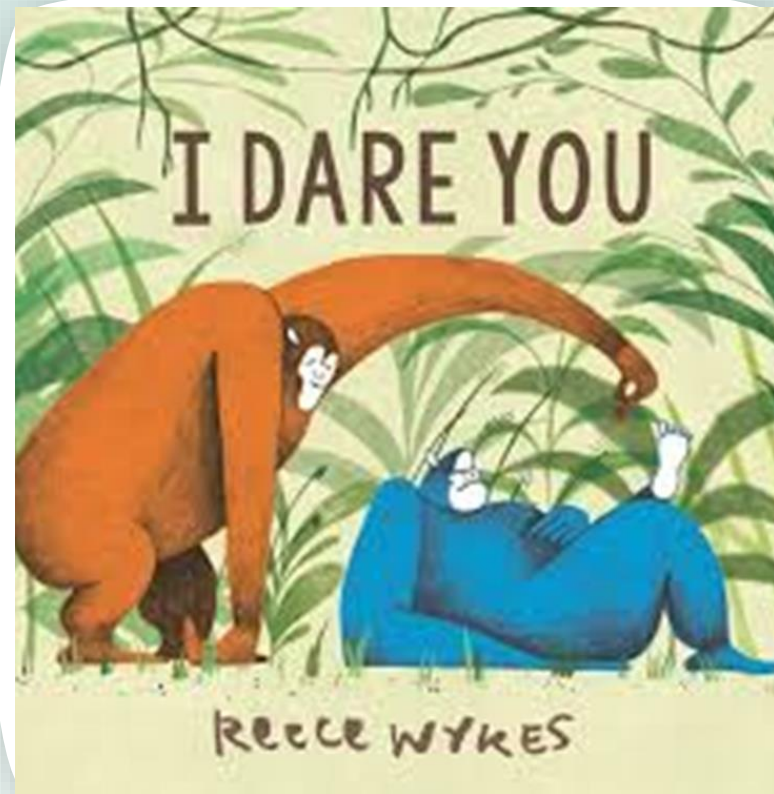
A return to peer pressure and being yourself instead of being what others may want you to be





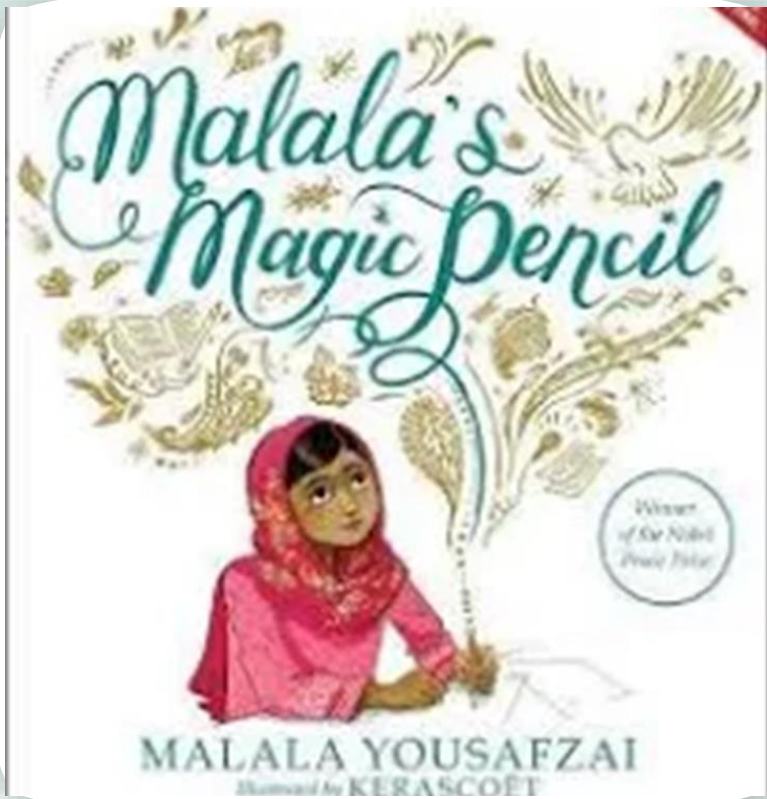
Looking at the dangers of sending/posting things online which includes an age appropriate discussion on sexting

## The books



Children to learn about what to do if someone dares them and its links to peer pressure





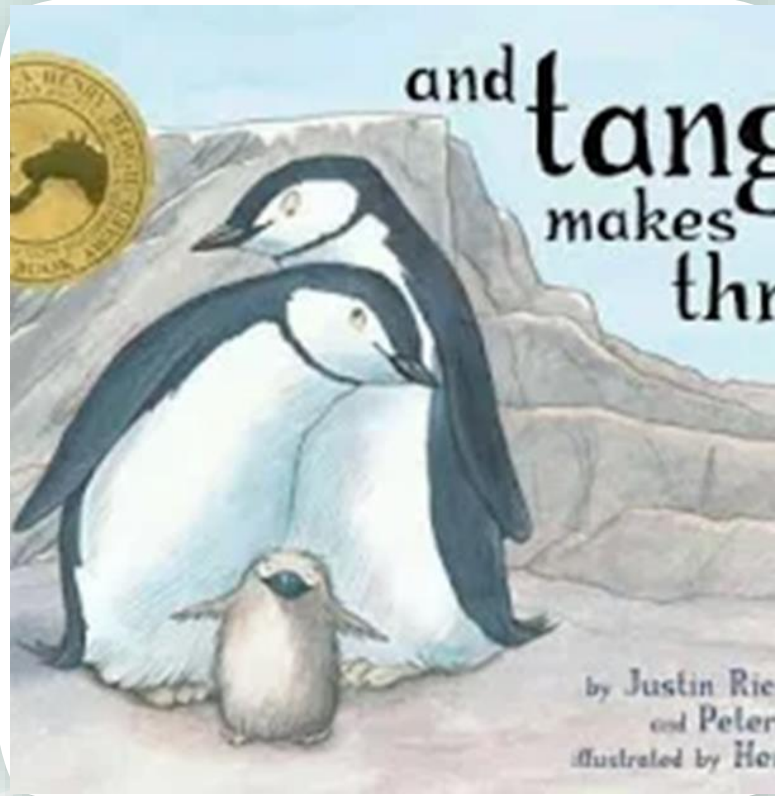
Understanding of the term 'morally wrong' and how speaking out about injustice may stop it happening

The books



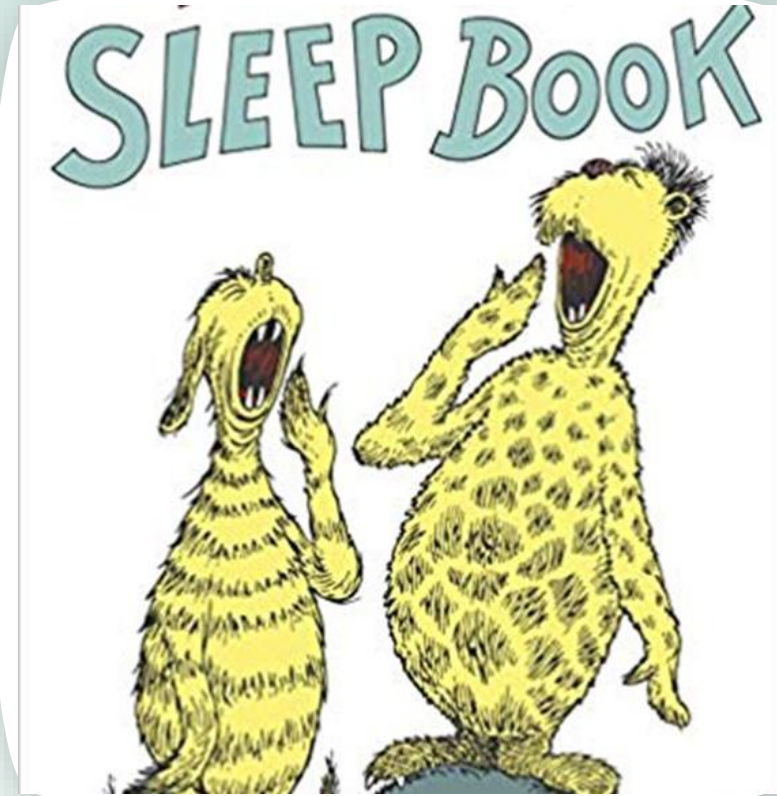
An age appropriate look at puberty for both boys and girls





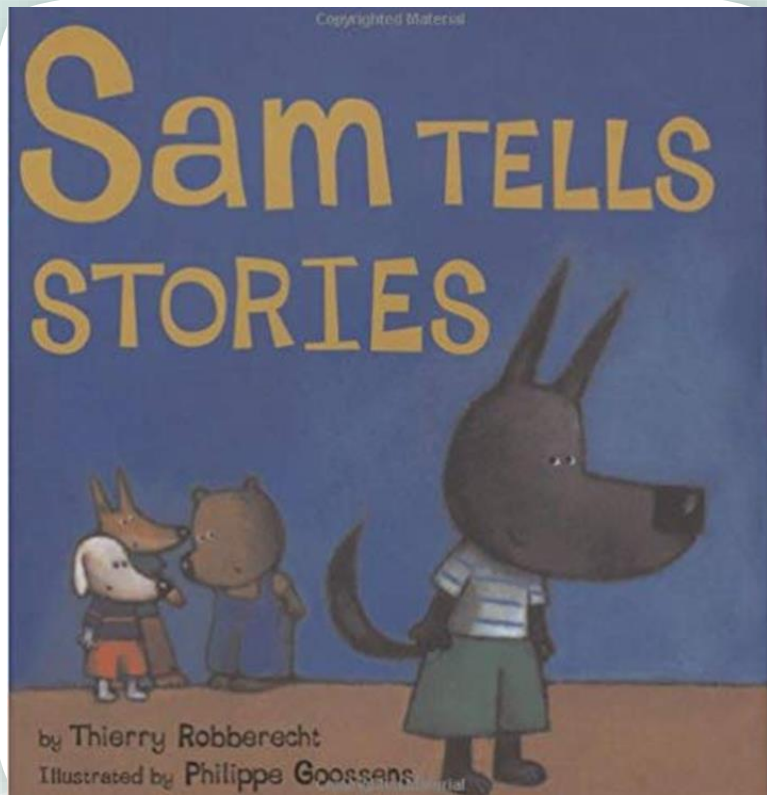
An age appropriate look at how humans reproduce and also at other ways to have children such as adoption or fostering

The books



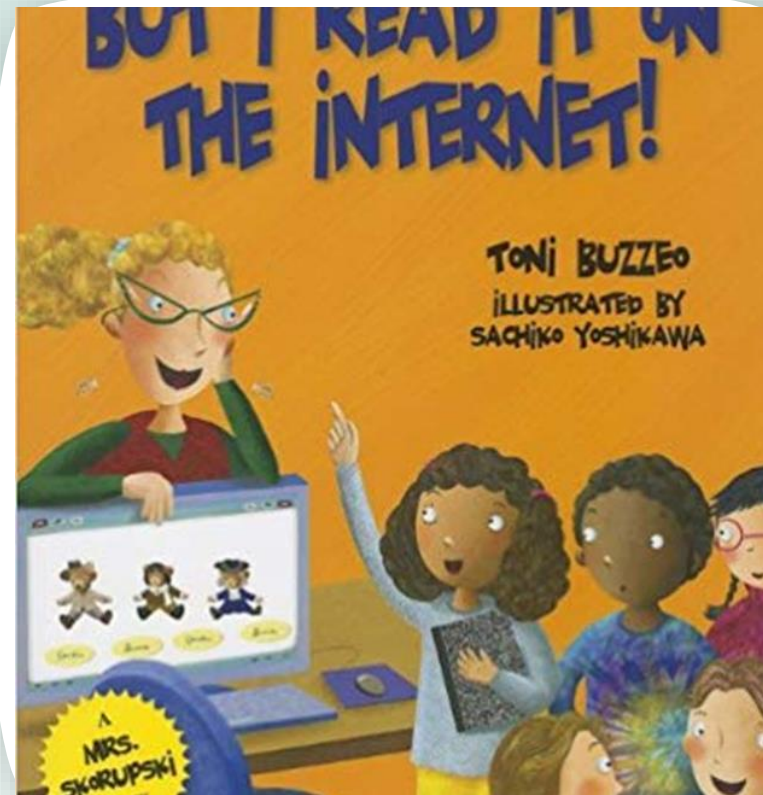
A return to looking after ourselves with a focus on getting the right amount of sleep and having a bedtime routine for ourselves





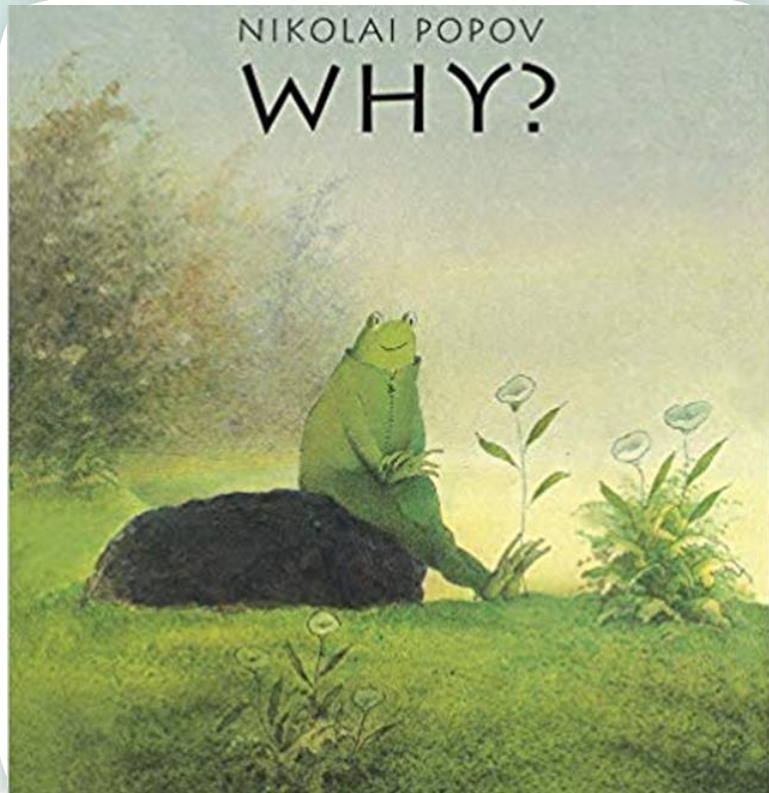
A look at whether images in the media are real and why people post images that are not real

The books



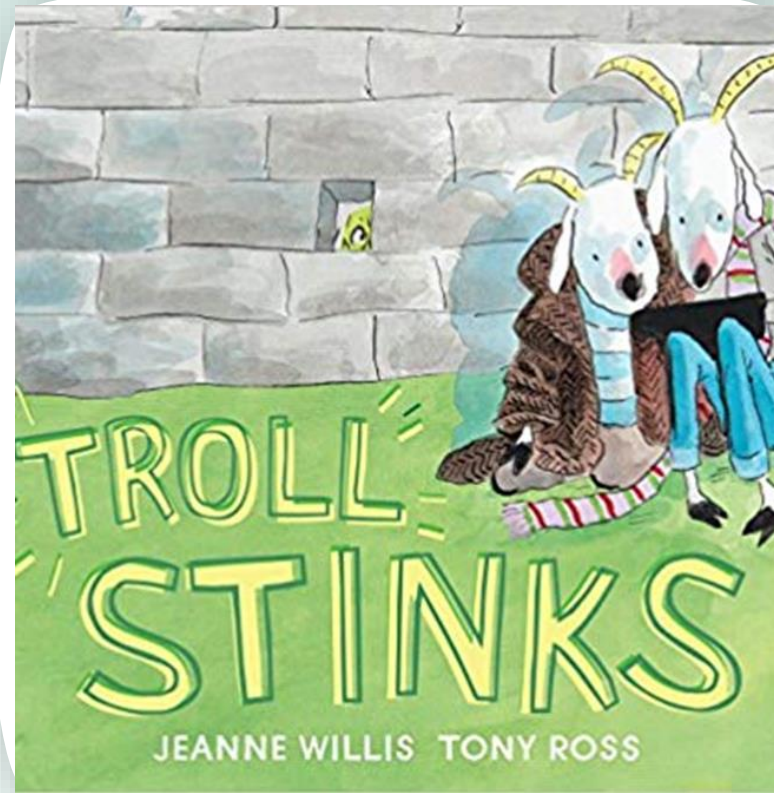
Discussions about if everything on the internet is true and tips about how to distinguish what's fact from fiction





Discussions around how to deal with other people's arguments and not getting involved in other people's drama

The books



Understanding what constitutes cyber bullying and what to do if it affects you





# Questions and Answers



# Common questions

Why are there these changes to PSHE lessons in schools?

- In the spring of 2019, in response to a consultation period, the Department for **Education** (DfE) announced an overhaul of sex, health and **relationships education** in both **primary** and secondary **schools**. This was the first overhaul in 18 years and took into account new concerns facing our young people including mental health worries.



# Common questions

Will this curriculum guidance promote LGBT relationships?

- The DfE answers this question directly
- No, these subjects don't 'promote' anything, they educate.
- Pupils should be taught about the society in which they are growing up. These subjects are designed to foster respect for others and for difference, and educate pupils about healthy relationships. RSE should meet the needs of all pupils, whatever their developing sexuality or identity – this should include age-appropriate teaching about different types of relationships in the context of the law.
- Pupils should receive teaching on LGBT relationships during their school years - we expect secondary schools to include LGBT content. Primary schools are enabled and encouraged to cover LGBT content if they consider it age appropriate to do so, but there is no specific requirement for this. This would be delivered, for example, through teaching about different types of family, including those with same sex parents.



# Common questions

Will my child be taught sex education at primary school?

- The new curriculum includes relationships education but not sex education.
- The science curriculum states that children should learn about puberty and reproduction.
- In addition to the National Curriculum, the Department for Education (DfE) published Sex and Relationships Education Guidance in 2000, which, although it isn't statutory, schools must take into consideration. Primary schools should:
  - **Have an SRE programme tailored to the age and maturity of children.**
  - **Ensure that boys and girls know about puberty before they experience it, and how babies are conceived and born.**
  - **Focus their relationships education on friendships, bullying and self-esteem.**



# Common questions

Can I withdraw my child from these lessons?

- This curriculum is statutory in all non-academy primary schools and therefore children can only be withdrawn from the parts of this scheme which are outside of the guidance document.
- The only parts of this scheme outside of either the new guidance or the Science Curriculum are
- Money lessons
- Keeping safe e.g. water safety, road safety lessons

