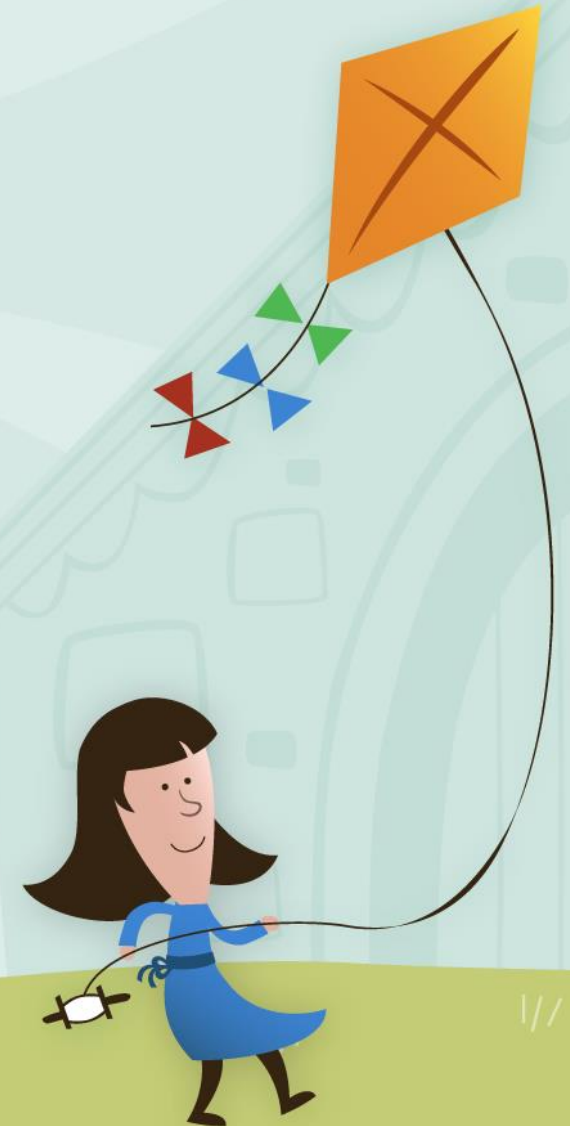


Parent's Guide to Talking Points

Year 3



What is Talking Points?

- Talking Points is a scheme of work that covers the DfE Guidance for their new Physical Health, Mental Wellbeing and Relationships Education for Primary Schools. This is a compulsory guidance document for schools.
- Talking Points uses children's picture books to start age appropriate discussions with children about the topics needed to be covered.
- Children are encouraged to take part in discussions and activities which include other groups of pupils, grown ups at home and parts of the community.
- Talking Points also aims to encourage a love of reading and to increase vocabulary understanding.
- It has been written by a currently serving Headteacher with a psychology background.



Year 3 Talking Points

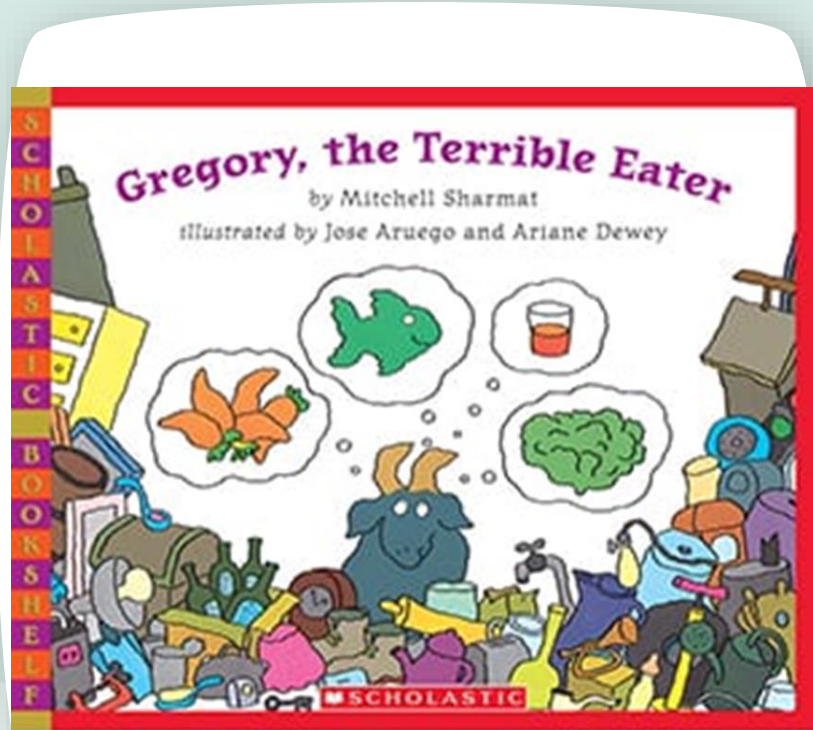
| | Talking Point | Strand | Page |
|---|--|----------------------|------|
| 1 | What can affect my health? | Looking after me | ➡ |
| 2 | What's a balanced lifestyle? | Looking after me | ➡ |
| 3 | What is Health and Safety? | Looking after me | ➡ |
| 4 | How does smoking damage my health? | Looking after me | ➡ |
| 5 | Who can help me be safe? | Looking after me | ➡ |
| 6 | What is restorative justice? | Understanding others | ➡ |
| 7 | What are my rights and responsibilities? | Understanding others | ➡ |
| 8 | What happens if I break a rule? | Understanding groups | ➡ |
| 9 | Why should I tell the truth? | Understanding others | ➡ |



Year 3 Talking Points

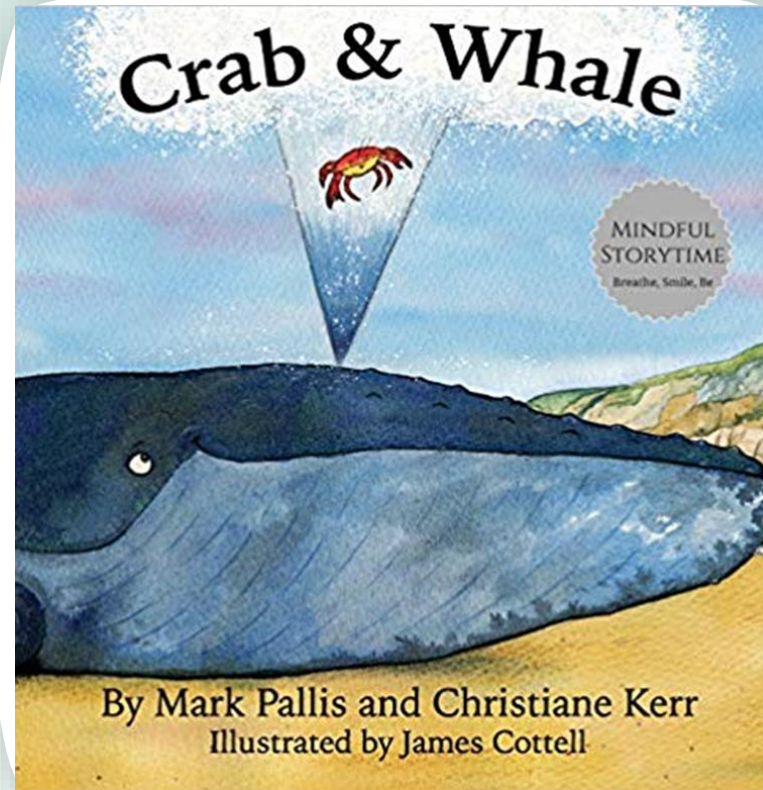
| | Talking Point | Strand | Page |
|----|---|----------------------|--|
| 10 | What does honesty really mean? | Looking after me |  |
| 11 | What do I do when my friend is sad? | Understanding others |  |
| 12 | Who do my actions affect? | Understanding others |  |
| 13 | What are my relationship rights and responsibilities? | Looking after me |  |
| 14 | How do I raise my concerns? | Looking after me |  |
| 15 | What's a community? | Understanding groups |  |
| 16 | How can we be different? | Understanding groups |  |
| 17 | Who else lives in my region? | Understanding groups |  |
| 18 | Who else lives in the UK? | Understanding groups |  |





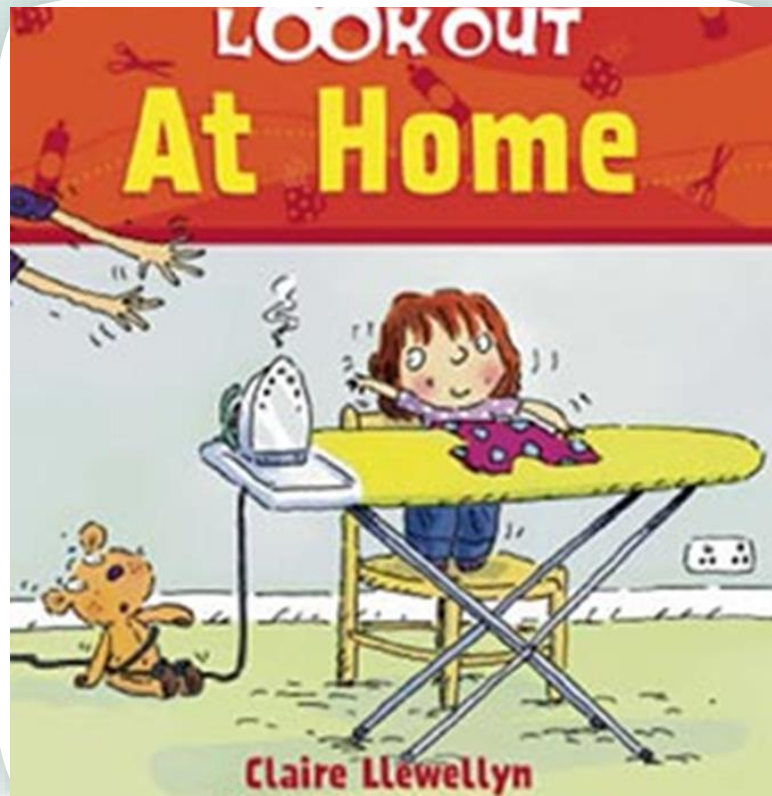
Continuing learning about keeping your body and mind healthy including healthy sleeping

The books



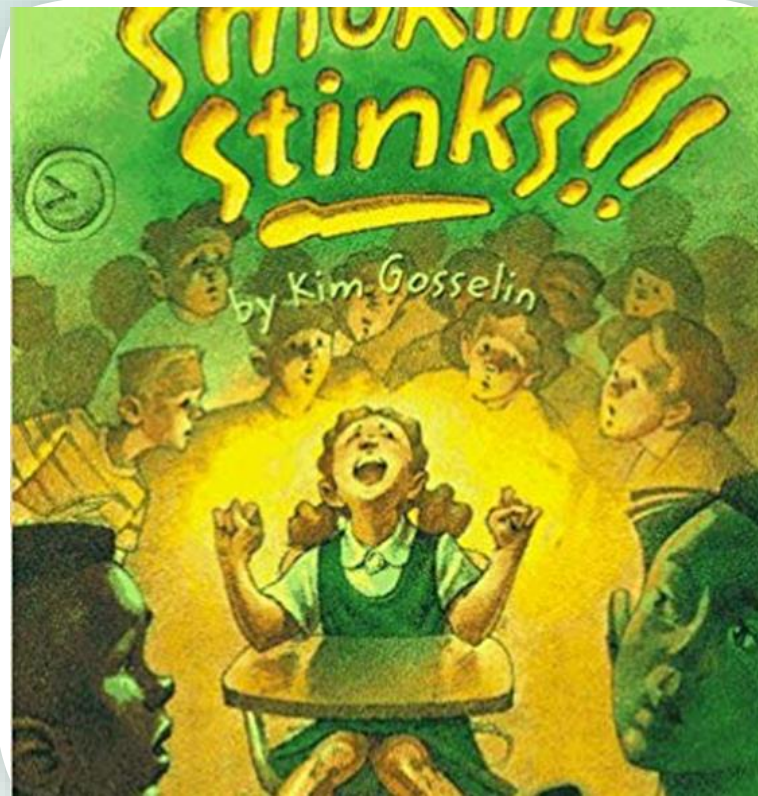
Looking at how to be mindful and the need for rest and sleep along with physical exercise





Understanding the meaning of health and safety and looking at staying safe at home and at school

The books



Looking at how smoking is bad for our bodies and the effects it can have as we grow up



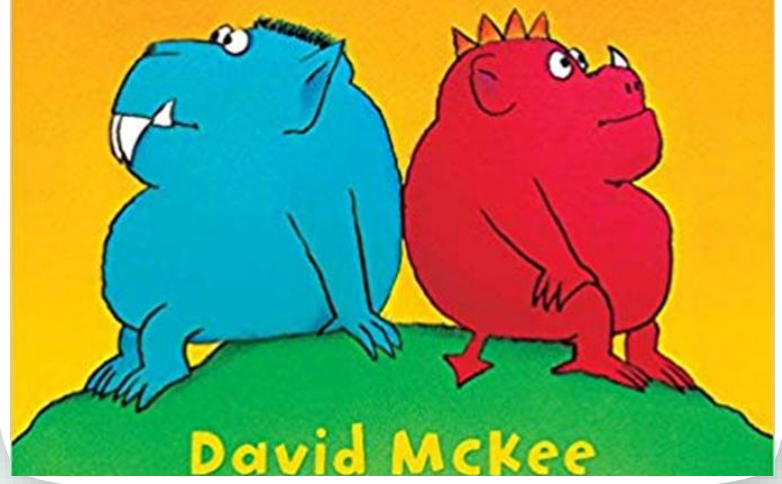
Come and Tell Me
by Helen Hollick pictures by Jane Cope



A look at staying safe when out on your own and a recap on children's safety network of important adults

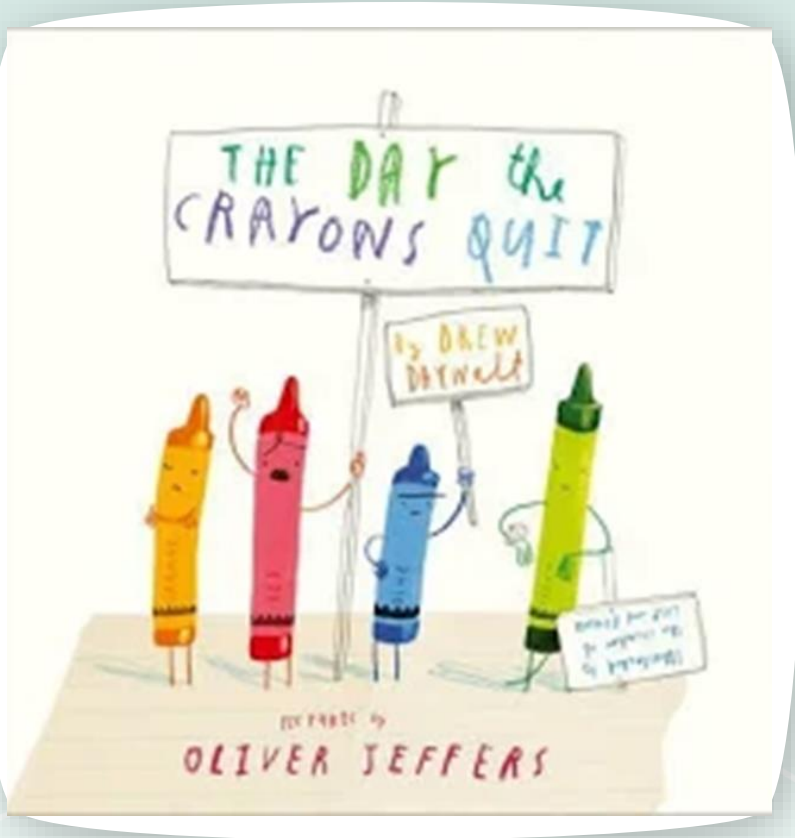
The books

TWO MONSTERS



Understanding the concept of restorative justice and the development of empathy for another's point of view





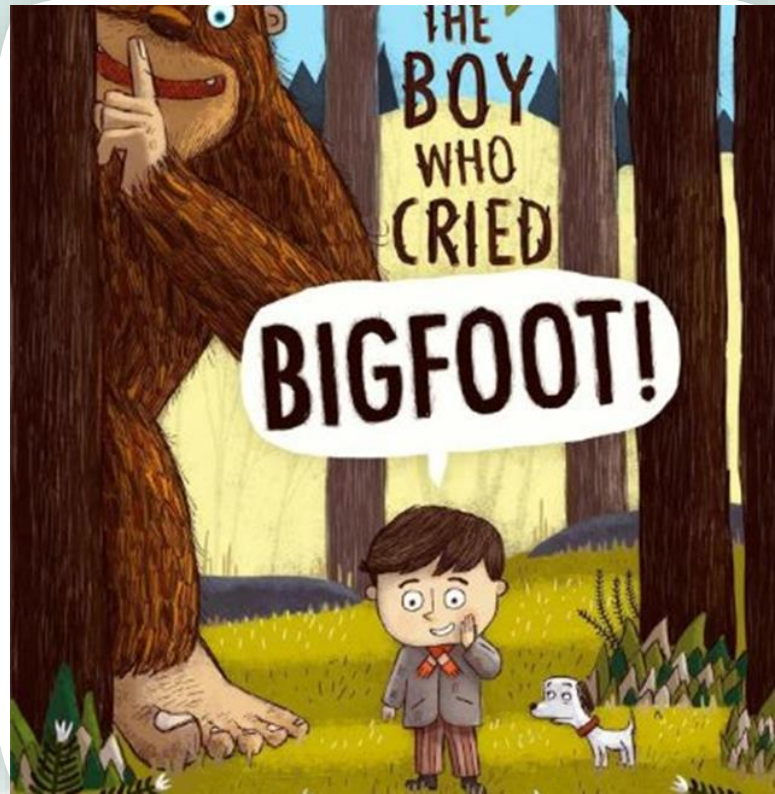
A discussion about responsibilities and why we have to fulfill ours if we can

The books



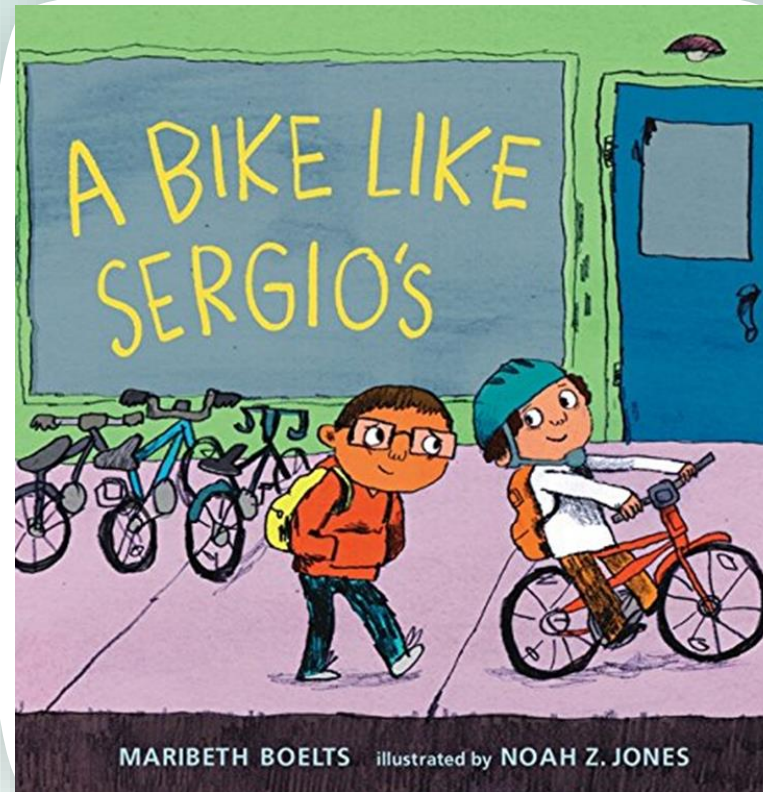
Understanding the concept of apologising and what we should do if we break a rule/hurt someone





Understanding the concept of telling the truth and the consequences of not telling the truth

The books



Looking at the concept of honesty and living our lives as honestly as possible



Eoin McLaughlin ♥ Polly Dunbar

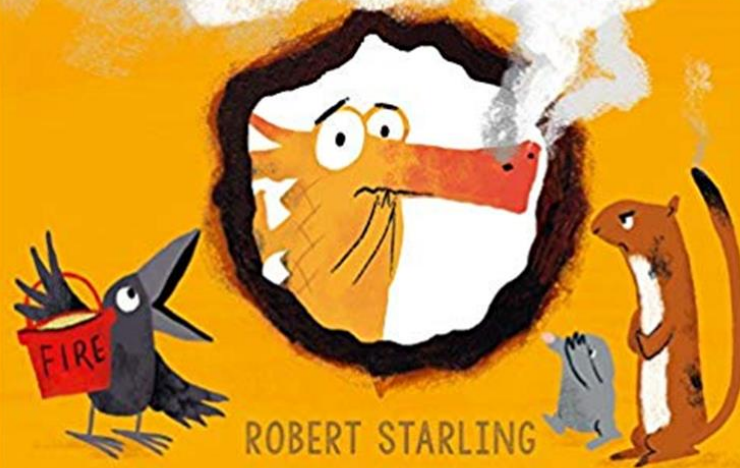
The Hug



How to support others when they are feeling sad or low

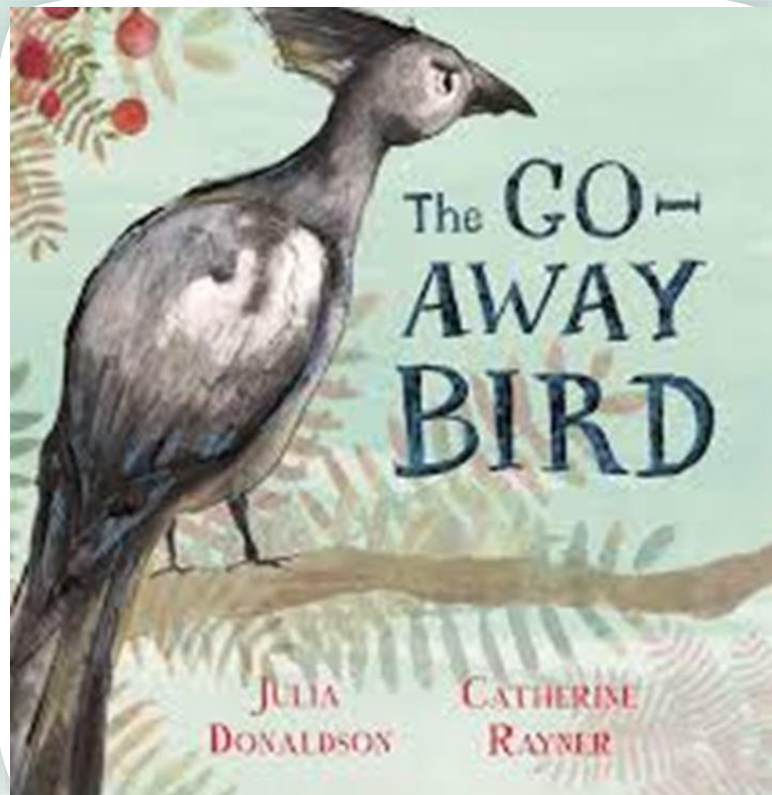
The books

FERGAL IS FUMING!



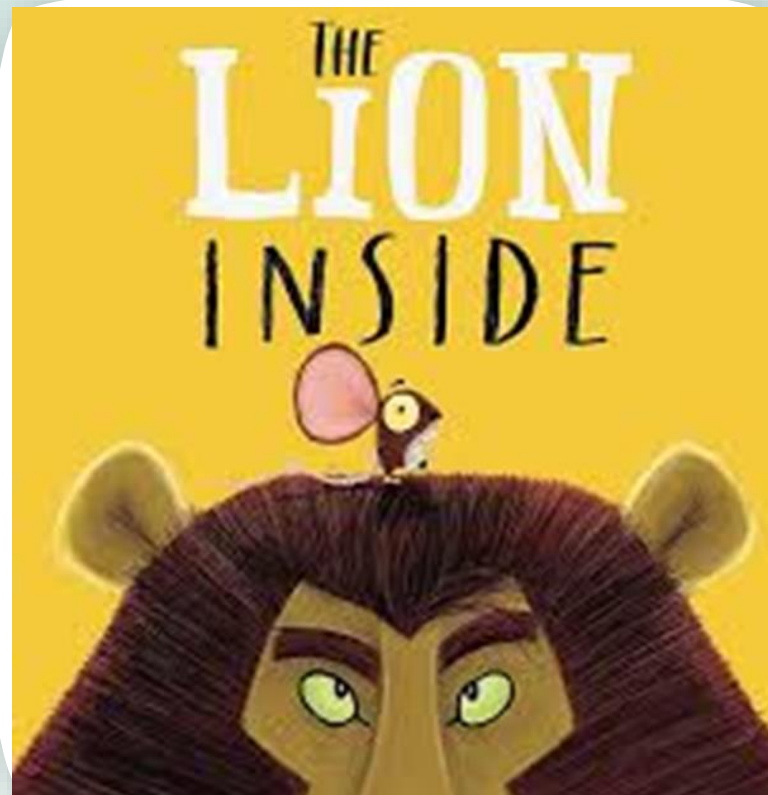
A look at how our actions affect others around us including tantrums and losing our temper





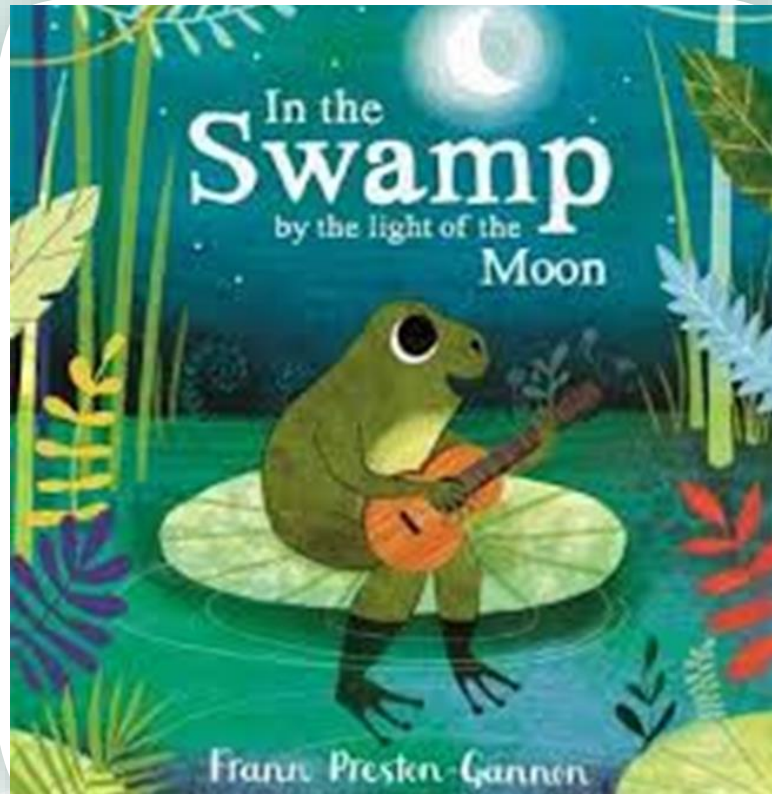
Looking at relationships and the rights and responsibilities we have within them

The books



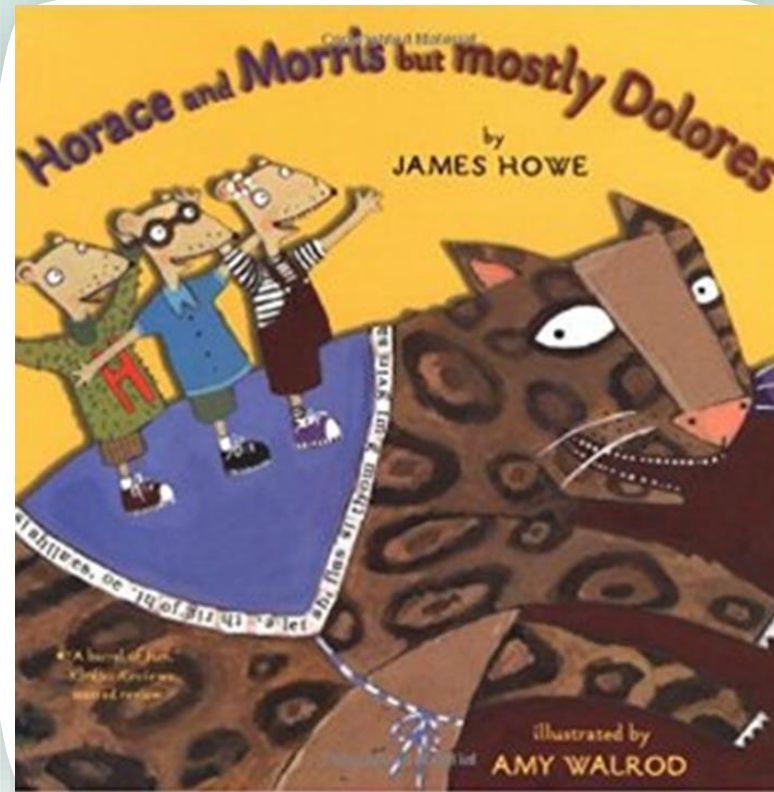
Encouragement to speak up if you are worried about yourself, or someone else, and ask for help





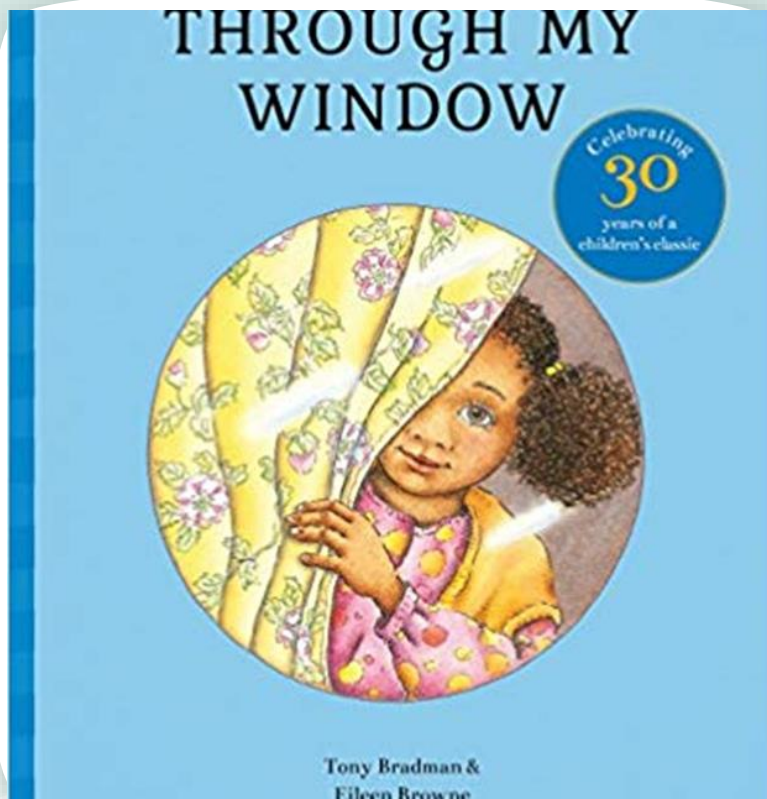
About the importance of being part of communities and linking with people and groups around you

The books



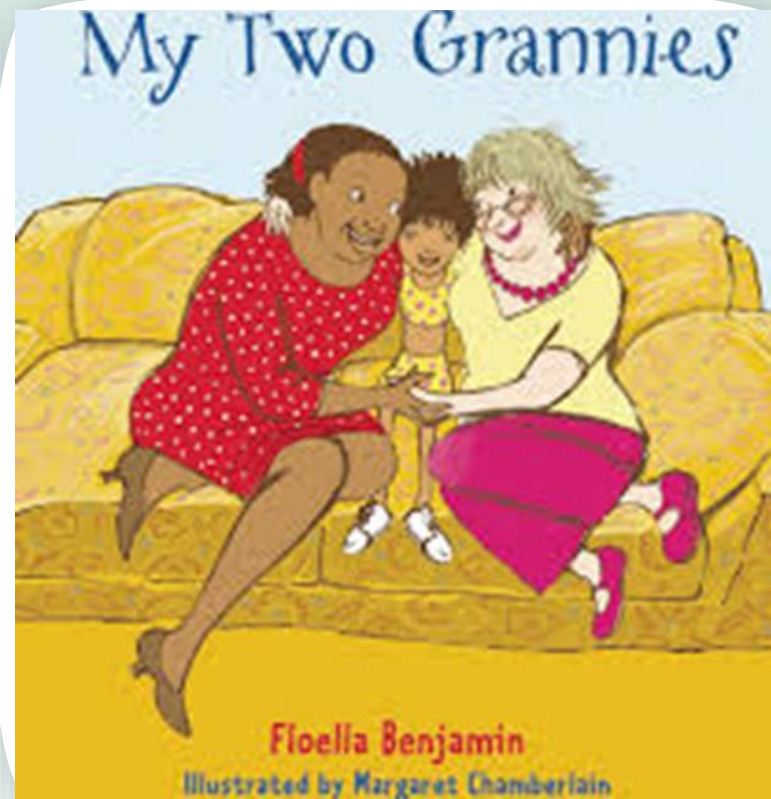
Discussions around the differences between people and how we shouldn't judge others for those differences





A look at who lives within the children's locality and region and pride in the area that they live

The books



Discussions about who lives in the UK and how different cultures work together in our society



Questions and Answers



Common questions

Why are there these changes to PSHE lessons in schools?

- In the spring of 2019, in response to a consultation period, the Department for **Education** (DfE) announced an overhaul of sex, health and **relationships education** in both **primary** and secondary **schools**. This was the first overhaul in 18 years and took into account new concerns facing our young people including mental health worries.



Common questions

Will this curriculum guidance promote LGBT relationships?

- The DfE answers this question directly
- No, these subjects don't 'promote' anything, they educate.
- Pupils should be taught about the society in which they are growing up. These subjects are designed to foster respect for others and for difference, and educate pupils about healthy relationships. RSE should meet the needs of all pupils, whatever their developing sexuality or identity – this should include age-appropriate teaching about different types of relationships in the context of the law.
- Pupils should receive teaching on LGBT relationships during their school years - we expect secondary schools to include LGBT content. Primary schools are enabled and encouraged to cover LGBT content if they consider it age appropriate to do so, but there is no specific requirement for this. This would be delivered, for example, through teaching about different types of family, including those with same sex parents.



Common questions

Will my child be taught sex education at primary school?

- The new curriculum includes relationships education but not sex education.
- The science curriculum states that children should learn about puberty and reproduction.
- In addition to the National Curriculum, the Department for Education (DfE) published Sex and Relationships Education Guidance in 2000, which, although it isn't statutory, schools must take into consideration. Primary schools should:
 - **Have an SRE programme tailored to the age and maturity of children.**
 - **Ensure that boys and girls know about puberty before they experience it, and how babies are conceived and born.**
 - **Focus their relationships education on friendships, bullying and self-esteem.**



Common questions

Can I withdraw my child from these lessons?

- This curriculum is statutory in all non-academy primary schools and therefore children can only be withdrawn from the parts of this scheme which are outside of the guidance document.
- The only parts of this scheme outside of either the new guidance or the Science Curriculum are
- Money lessons
- Keeping safe e.g. water safety, road safety lessons

